



Mandatory Equipment Checklist & Sign Off Form

By signing this document I agree to wear / carry the items listed below for The Doctor 2018.

I understand that equipment scrutineering may take place on Rottneest Island and should my equipment not meet the specifications I will be disqualified from the race.

Please bring this form to registration.

<input type="checkbox"/>	Lifejacket Australian Standard AS 4758 or International Standard ISO 12402. Minimum Level 50. <ul style="list-style-type: none"> ● Lifejacket must be HI-VIS <u>or</u> HI-VIS top worn over the top of the lifejacket ● Prone and SUP Paddlers only - if wearing a waist belt lifejacket a HI-VIS top must be worn
<input type="checkbox"/>	Orange Smoke Flare (in date, not expired)
<input type="checkbox"/>	Safety Leash
<input type="checkbox"/>	Pealess Whistle - attached to lifejacket
<input type="checkbox"/>	Mobile Phone with Tracking App <u>or</u> VHF Radio (PLB also accepted) (SafeTrx Tracking App preferred)
<input type="checkbox"/>	Timing Chip (supplied)

Name:	
Signed:	
Date:	